



*MSARC announces
the start of its*

"Adult Survivors Group"

*For adults survivors of childhood sexual abuse. This structured
group for women will meet weekly on Tuesdays,
starting April 8th, 2008, from 6-7:30pm.*

Topics addressed:

*Common reactions to sexual assault,
Appropriate boundaries,
building self confidence,
sexual abuse in the family,
developing safety plans,
identifying triggers,
effective coping skills,
and the healing process.*

*Contact Memphis Sexual Assault Resource Center
@327-0233*



*Michelle Sanders or BeLinda Pratcher
For additional information or intake appointment*